



**Name of Herbal Plant** : Bael

**Biological Source** : It consists of the unripe or half ripe fruits of aegle marmelos

**Synonyms** : Wooden Apple, Golden Apple

**Family** : Rutacea



**Description:** Bael is a spinous deciduous and aromatic tree with long, strong and axillary spines. This Bael tree grows up to 18mt in height and thickness of tree is about 3-4ft. Bael Leaves are 3-5 foliate, leaflets are ovate and have typical aroma. Bael Flowers are greenish white in color and sweet scented. Bael Fruits are large, woody, greyish yellow, 8-15 celled and have sweet gummy orange colored pulp. Bael Seeds are compressed, oblong and numerous found in aromatic pulp.

**Geographical Source** : Native Across The Indian Subcontinent And South East Asia And Is Cultivated Through Out Srilanka, Tamil Nadu, Thailand & Malaysia

It Helps To Cure Constipation, Diarrhoea, Diabetes Etc

**Vernacular Name in English:** Golden Apple

**Vernacular Name in Hindi** : Sir Phal

**Vernacular Name in Marathi:** Bel

**Vernacular Name in Kannada:** Bilpatra

**Chem. Constituents:** Cheif Constituent Is Marmelosin A,B&C(0.5%)Which Is Furocomarin. And Other Constituents Are Tannins, Flavonoids Etc

**Uses:** It Is Act As Tonic For Brain And Heart.

**Source:** <https://herbarium.alberts.edu.in/aegle-marmelos-l-correa/>